

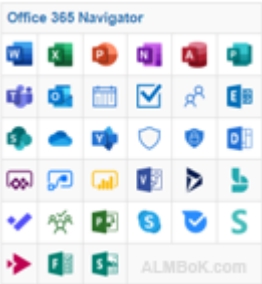
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# MyAnalytics

MyAnalytics provides statistics that help you understand how you spend your time at work. MyAnalytics takes a look at your everyday work activities, finds areas that could benefit from your attention, and provides you with the tools to achieve a more thoughtful use of your time. To learn more about MyAnalytics, go to [Learn more about the way you work with MyAnalytics](#) and [Microsoft MyAnalytics for Office 365 admins](#).



[tool](#), [analytics](#)

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