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Decision-making

The cognitive process resulting in the selection of a belief or a course of action among several alternative possibilities.

Snippet from [Wikipedia](#): **Decision-making**

In psychology, **decision-making** (also spelled **decision making** and **decisionmaking**) is regarded as the cognitive process resulting in the selection of a belief or a course of action among several possible alternative options. It could be either rational or irrational. The decision-making process is a reasoning process based on assumptions of values, preferences and beliefs of the decision-maker. Every decision-making process produces a final choice, which may or may not prompt action.

Research about decision-making is also published under the label problem solving, particularly in European psychological research.

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