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Atomic Design Methodology

Atomic Design is a methodology inspired by chemistry. Just as all matter is made out of atoms that combine to form molecules, which in turn make up more complex organisms.

Atomic design is composed of five distinct stages working together to create interface design systems in a more deliberate and hierarchical manner. The five stages of atomic design are:

1. Atoms
2. Molecules
3. Organisms
4. Templates
5. Pages

- <https://atomicdesign.bradfrost.com>
- <https://xd.adobe.com/ideas/process/ui-design/atomic-design-principles-methodology-101/>
- <https://uxdesign.cc/4-things-you-need-to-know-about-atomic-design-e0d3e8269420>

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